



Newsletter

A publication of the Healthy Start Coalition of Brevard County | VOL 10 | 2022

The Healthy Start Coalition of Brevard County is a local, non-profit, 501(c)(3) organization that works to make sure that all moms and babies have the services they need to begin healthy lives together. Healthy Start provides moms, newborns and families with the resources, help and support they need to have a healthy pregnancy and a healthy baby through a home visiting program. Free services are based on risk factors, not on income or insurance.

COVID-19 UPDATE

Healthy Start is still taking every precaution we can for the safety of our staff and our moms and babies of Brevard, while working within the best practices set forth by the CDC, the Florida Department of Health, and the State of Florida. Our “home-visiting” services are currently being provided via in-person visits and video/phone conferencing for the comfort of our families. If you have any questions or concerns, please call us at 321.634.6101.



Community Connect



We connect pregnant women and families to community resources and local home visiting programs (Healthy Families, Healthy Start, and Nurse Family Partnership) that help ensure a healthy start in life.

Community Connect
321-634-6101

Community Connect is a Healthy Start program that provides a one-stop entry point for needed services. Community Connect contacts, assesses, provides information, and makes referrals to home visiting programs and other community services. Eligibility for Community Connect begins when a pregnant woman or infant is screened and referred by their health care provider or hospital through the prenatal and infant risk screens.

Services and Resources may include:

- Childbirth education
- Newborn care instruction
- Breastfeeding education & support
- Child development education
- Parenting education & support
- Help to quit smoking
- Nutritional education
- School readiness
- Family planning education
- Car seat safety
- Infant safety
- Counseling services
- Home visiting programs: Healthy Families, Healthy Start, & Nurse Family Partnership

Local Resource Spotlight



Space Coast Breastfeeding Coalition

Space Coast Breastfeeding Coalition:

The vision of the Space Coast Breastfeeding Coalition is that mothers, babies and families will receive the resources, support and information they need to successfully meet their breastfeeding goals.

The Space Coast Breastfeeding Coalition updates and provides the “Brevard County Breastfeeding Resources” guide.

Please find attached the most current Breastfeeding Resources for Brevard County.

This guide is located under the **Community Resources Tab** at:
www.spacecoastbreastfeeding.weebly.com

Overdoses Are Now The Leading Cause Of Pregnancy-Associated Death In Florida

Information taken directly from: health.usf.edu and health.usf.edu/publichealth/chiles/fpqc/more



The Florida Perinatal Quality Collaborative (FPQC) is a consortium of professionals dedicated to the advancement of perinatal health care. Housed in the Chiles Center at the University of South Florida College of Public Health, the FPQC works alongside partners to achieve the goal of advancing the health and well-being of all Florida mothers and infants. Their mission is to always provide the best evidence-based perinatal care possible, and to further that care through data-driven education and training.

Overdoses are now the leading cause of pregnancy-associated death in Florida. According to the Florida Pregnancy-Associated Mortality Review, more deaths occur related to drugs than due to complications related to pregnancy, accounting for one in four of these deaths.

The rate of pregnant women diagnosed with opioid use disorder (OUD) during labor and delivery in the U.S. more than quadrupled from 1999 to 2014, according to a 2018 analysis by the Centers for Disease Control and Prevention (CDC). In Florida, the rate climbed from 0.5 per 1,000 delivery hospitalizations in 1999 to 6.6 in 2014.

Learn about their infant health NAS Initiative here:
<https://health.usf.edu/publichealth/chiles/fpqc/nas>

2 FREE Buprenorphine CME Training Webinars 1.25 hours of AMA PRA Category 1 Credits

In partnership with Tennessee's perinatal quality collaborative, FPQC is offering free CME training on Buprenorphine use in obstetrical practice. Target Audience: Emergency Medicine, Health Policy, Medicine, Nursing, Obstetrics and Gynecology, Pediatrics, Pharmacology, Pharmacy, and Social Work.

TIPQC - Buprenorphine & Pregnancy: Training Course for Obstetricians Modules #1 & 2 - Online

Use this link to access the FREE webinars:

<https://vumc.cloud-cme.com/course/search?p=4000&curriculum=TIPQC>

Module 1:

Credits: AMA PRA Category 1 Credits™ (0.50 hours), Non-Physician Attendance (0.50 hours)

Educational module in which a subject matter expert describes and discusses:

- (i) Opioid Use Disorder (OUD) in pregnancy including increased prevalence, morbidity & mortality risk
- (ii) Treatment options Obstetricians may consider for treating pregnant women with OUD
- (iii) Pregnancy treatment best practices for OUD based on the latest evidence
- (iv) Sample guidelines for prescribing Buprenorphine including "Pregnancy Pearls"
- (v) Pain management options for intrapartum and postpartum patients

Module 2:

Credits: AMA PRA Category 1 Credits™ (0.75 hours), Non-Physician Attendance (0.75 hours)

Educational module in which a subject matter expert describes and discusses:

- (i) The basics of buprenorphine management in pregnancy
- (ii) Models of care for buprenorphine management
- (iii) Case examples and how these might apply to individual practices